

Shriram Shikshan Sanstha's
Shriram Institute of Nursing, Paniv
Report on
Basic Life Support (BLS)

- **Aims**

- Students gained knowledge about basic life support.

- **Objectives of the Workshop**

- 1) To understand the importance of Basic Life Support in emergency care
- 2) To learn the correct steps of Cardiopulmonary Resuscitation (CPR)
- 3) To understand the "Chain of Survival"
- 4) Steps of Cardio Pulmonary Resuscitation (CPR)
- 5) Check responsiveness Call for help
- 6) Open airway head tilt–chin lift
- 7) Check breathing
- 8) Start chest compressions
- 9) 30 compressions do Depth: 5–6 cm Rate: 100–120/min
- 10) Continue CPR
- 11) 30 compressions

A Basic Life Support (BLS) workshop was conducted on 20th January 2026 at Shriram Institute of Nursing for B.sc nursing students of 1st and 4th semester. The workshop aimed to provide essential knowledge and practical skills required to manage emergency situations such as cardiac arrest, choking, and respiratory failure. Basic Life Support is a critical component of emergency medical care that can save lives if performed correctly and promptly.

Students of 1st & 4th semester gained the knowledge about basic life support.

Class : 1st & 4th Semester
Date of Workshop : 20/01/2026
Venue : Shriram Institute of Nursing, paniv

Attested

Principal

Shriram Institute of Nursing
Paniv, Tal. Malshiras, Dist. Solapur

